

WISE WOMAN HERBALISM IMMERSION CURRICULUM 2008

- Plant Walks
- Wild Foods
- Using a Field Guide
- The Wise Woman Tradition of Herbal Medicine
- Understanding Women's Reproductive Systems
- Hands-on Herbal Medicine Making
- Herbs for Women Plant Walk
- Herbs for Pregnancy
- The Truth about the Witches
- Nourishing Traditional Foods
- Communication with Plants
- Harvest Favorite Herbs for Medicine Making & Food
- Plant ID quiz
- Wheel of the Year & Moon Cycles
- Herbal First Aid Plant Walk
- Salve Making
- Graduation Ceremony
- Where do I go from here?

Evening Activities include:

- ◆ Fire Circle
- ◆ The Burning Times *video*
- ◆ Sharing on Being a Woman
- ◆ Women's Dance Night

All plans are subject to change