



FUNDAMENTALS OF HERBS & PLANT ENERGIES
2007 SUMMER SCHEDULE

Wednesdays 6-9 pm:

- July 25th
Welcome
Slide show/Intro
- August 1st
Herbs for the digestive system
- August 8th
Herbs for the liver, blood,
& Urinary systems
- August 15th
Herbs for the immune system
- August 22nd
Herbs for the muscular-skeletal system
- August 29th
Herbs for the circulatory
& Respiratory systems
- September 5th
Herbs for the nervous system
- September 12th
Herbal support for women
- September 19th
Herbal support for childbearing
- September 26th
Herbal support for children & pets
- October 3rd
Herbal support for men
- October 10th
First aid & home medicine chests
- October 17th
Wild foods potluck/graduation

Saturdays 10am-2pm:

- July 28th
Wild weeds walk
Medicine making
- August 11th
Plant identification at
The Botanical Gardens
- August 25th
Mushroom walk
- Sept 8th
“Into the woods”
Plant walk
- September 22nd
Flower essences
- October 13th
Aromatherapy and skin care,
salve making

*Class topics are subject to change
without warning.*

Dates may change with prior warning.