



Traditional Herbalism Program Schedule 2008

Topics subject to change without notice, dates may change with prior notice

March 6th

Opening Ceremony @

Soulflower Botanical Sanctuary

Resources

Sat March 8th

Energy Anatomy /Chakras

Yin/ Yang

5 elements in CM & Ayurveda

Determining the Doshas

March 13th

CM- 8 principles & basic concepts of
Chinese herbal medicine

Sat March 22nd

OG- Soil/ Bed prep/ Seed Starting

Principles of Permaculture

Lunar Gardening

March 20th

NAP

Herbal Therapeutics

Formulation & Administration

March 27th

A & P cells & tissues

w/ herbal considerations

Dhatu

April 3rd

Botany

Sat April 5th

Pearson's Falls

April 10th

Digestive A & P

April 17th

Digestive M/M

Sat April 19th

OG- weeding, direct seeding /Botany

Beekeeping- parts of hive, supering

Making spring tonics

April 24th

Tastes of herbs

Eating & Cleansing

May 1st

Nutrition

Sat May 3rd

Flower Essences

Mead Making & Fermentation

May 8th

A&P nervous system

May 15th

M/M Nervous system

Sat May 17th

OG- What weeds tell, transplanting/ Botany

Apitherapy

May 22nd

A&P immune system

May 29th

M/M immune system

Cancer topics

Sat May 31st

Plant rescue

June 5th

Phytochemistry

June 12th

Phytochemistry

Sat June 14th

OG- biodynamic fertilizers, upkeep/ Botany

percolation

June 19th

Healing topics

Summer break

July 10th

Herbs for mental health
-psychoneuroimmunology

Sat July 12th

Og- inoculating mushroom logs/ Botany
8 principles review
Tongue & pulse diagnosis

July 17th

A&P circulatory

July 24th

M/M circulatory

Sat July 26th

Field trip to Mountain Gardens

July 31st

A & P respiratory

Aug 7th

M/M respiratory

Sat Aug 9th

Gardening/ Medicine Making/ Botany
Harvesting honey
Aromatherapy
Lotions & potions

Aug 14th

A& P female reproductive

Aug. 21st

M/M female reproductive

Sat Aug 23rd

Field trip to Long Branch and Max Patch

Aug. 28th

Herbs for pregnancy

Sept. 4th

Herbs for kids

Sat Sept 6th

Aphrodisiacs
Addictions

Sept. 11th

Common western weeds used in CM

Sept. 18th

A fresh look at well known Chinese herbs

Sat Sept 20th

Joyce Kilmer campout
Dendrology, Living skills,

Sun Sept 21st

Mushroom Mayhem, Magical Herbalism,
plant spirit journey

Sept. 25th

A & P Male reproductive

Oct 2nd

M/M Male Reproductive

Sat Oct. 4th

Field trip to dig roots on the parkway w/ Luke

Oct. 9th

A & P urinary

Oct. 16th

M/M urinary

Sat Oct 18th

Phyto packed plants
Woodland gardening guilds
Root division
Your herbal practice
Magical Herbalism

Oct. 23rd

A & P senses

Oct 30th

M/M senses

Saturday Nov 1st

Seed Saving
Final exam & Closing circle

Nov 6th

Graduation